



Ways to Resolve a Conflict

There are many ways to resolve a conflict.
Fill out this worksheet as a group to learn about
the different ways.

Ways to resolve a conflict:	What is it?	What is an example?	Pros?	Cons?
Avoiding	<i>Walking away from a conflict</i>	Someone punches you, and you walk away	Not get in trouble. Not get hurt.	Person may think you are weak and do it again.
Smooth it over	<i>Pretend everything is fine</i>			
Win at all costs	<i>You win, the other person loses</i>			
Compromise	<i>Give up something you want for something else you want</i>			
Win/Win Negotiation	<i>Both people win</i>			